

# *Nimble News*

First Quarter 2017 Newsletter

Meeting twice monthly at the Jeffersontown Community Center, 10617 Taylorsville Rd., Louisville, KY First Thursday at 6:30 PM, Third Thursday at 10 AM

#### A MESSAGE FROM OUR PRESIDENT



Dear Members,

Four years ago, the only thing I knew about a quilt was that it was something my grandmother and aunt made with fabric scraps.

In the fall of 2013 my father was admitted to a VA facility in Alabama. At its opening the year prior, several quilt guilds in the area donated 250 Quilts of Valor to the residents. When my dad arrived, they had all been given, so I thought, "Hey, I have a sewing machine. I can make him one myself. No problem." Ha, ha.

At an open sewing day of the local Friendship Quilters I described to my very skilled "mentor" the kind of quilt I had in mind. She said, "Oh, that sounds like a rail fence." Huh?! You mean quilts have names? Thus began the process of slowly learning how much I didn't know.

With much help, patience, and encouragement, the quilt was finally completed,

During my short time with LNT, I have again experienced that same kind of help, patience and encouragement. It is an honor to be president of this welcoming, friendly, and enthusiastic group of quilters.

I look forward to sharing with you our love of quilting during 2017.

<u>Piece</u>fully Yours, Luann Johnson

A day patched with quilting seldom unravels.

IMPORTANT: If Jefferson County Schools are closed or if they close early because of inclement weather on our meeting day, our meeting will be cancelled.





# 1<sup>st</sup> Quarter Business Meeting January 5, 2017, 6:30pm

There will be a short business meeting prior to the evening program. The primary business will be to vote on revisions to the By-Laws, revisions to the Standing Rules, and the proposed budget for 2017. All members are welcomed and encouraged to attend.

What I make with my hands, I give of my heart.

#### FIRST QUARTER BIRTHDAYS

**January:** Kathy Ausmus, Joyce Boston, Claudette Hahn, Deb Hampton

February: Tammy Metten, Susan Wolfe

March: Robbie Altman, Vivian Armstrong, Debbie Bates, Janet Larmee, Deanna Schley, Barbara Jean Weller

HAPPY BIRTHDAY LOVELY LADIES!

# **Upcoming Programs and Events**

# EVENING PROGRAMS 6:30pm – until our bobbin thread runs out January 5\_

## Trapunto Decor for T-shirt or Sweat Shirt or your quilt top

There will be a demo showing you how to add trapunto shapes to blank areas of your quilt top. Also you will decorate the front of your T-shirt or Sweat Shirt with a simple Trapunto design. This technique can be used in many projects.

#### **Supplies:**

- Basic sewing supplies (see note below)
- o Blunt point scissors (child's scissors work well)
- T-shirt or Sweat Shirt with a plain front
- Bobbin thread will show on front of your shirt. So choose a decorative or contrasting thread of your choice. Heavy and metallic threads work well.
- Darning foot
- o Top thread can be any neutral.
- o If you have a free motion grip guide, bring it.

### February 2

### Wonky Log Cabin Rebuild

Remember the fun we had last year making log cabin blocks in a round robin? We will be doing a variation of that log cabin block, but we will have just as much fun. The blocks we create will become Cuddle Care quilts. Let's see if we make more blocks than we did last year.

#### **Supplies:**

- Basic sewing supplies (see note below)
- Twenty (20) strips 2 ½" by WOF (width of fabric). The effect is best if the strips are from multiple fabrics.

# <u>March 2</u> Machine Appliqué



We will learn to appliqué by machine using a zigzag or a blanket stitch. There will be an instruction sheet, practice fabric & templates in the kit so I really need to know if you are taking the class. Please sign up. Our practice block will be a juicy apple with stem and leaf.

#### **Supplies:**

- Leave your darling Featherweight at home this time. You need a machine that will do a zigzag stitch
- o Spools of thread: Red, Green & Brown.
- Bobbin filled with white thread.
- o Scrap of Red fabric, no smaller than 5" square. Can be bigger.
- Scrap of Brown fabric, no smaller than 2" square. Can be bigger.
- o Scrap of Green fabric, no smaller than 3" square. Can be bigger.
- Muslin or other white fabric about 8"x11" or larger to sew the apple to.
- o Regular pencil, scissors, ironing set.

**Preparation:** On the back of all of your fabric scraps, iron on fusible web with paper backing.

## Tips & Tricks

To aid in changing sewing machine needles, drill hole in wooden skewer using 1/16<sup>th</sup> "drill bit to hold needle for placement.

Place a white office supply sticker on "leg" of presser foot for aiding in threading needle.

Put **batting** in dryer with wet cloth for a couple minutes on low to remove wrinkles.

Attach a safety pin with ribbon to mark the spot where you left off attaching quilt **binding**.



Overheard at Guild: During annual LNT Christmas party, "Oh my, I'm going to have to run in place while I eat this cake"



Note: Sewing machine & basic supplies = Machine, manual and tools, extra needles, thread, bobbins, pins, scissors, seam ripper, rotary cutter, small cutting board (12x18), rulers, ironing mat and extension cords.

### DAY PROGRAMS 10am

### **January 19, 10am-2pm**

## Weekend Bags for Maryhurst

Trash bags are for trash not for a young lady's belongings. The girls served by Maryhurst deserve the respect and dignity to proudly carry her personal belongings to and from weekend visitation in a stylish manner. LNT's donated Weekend Bag provides colorful, custom bags the girls can be proud to use. Please, come and sew a bag or two! Pre-cut kits will be available to all in attendance. *Bring your basic sewing supplies (see note below) and a brown bag lunch.* 

#### February 16

## KHQS President's Challenge Trunk Show

Winners of the 2016 Kentucky Heritage Quilt Society President's Challenge "Who Am I?" will be showcased in this Trunk Show presided over by Donna Duncan.

**Supplies:** Please bring a sweet or savory finger food to share.

#### March 16

# Stash Busting Quilt – Spring Clean the Sewing Room (pictured, bottom right)

This is variation of a strip piecing. Using strips of material of random widths, you will create a scrappy quilt that a man would enjoy. But not my husband, he is an engineer and uses a ruler to hang pictures.

#### **Supplies:**

- Basic sewing supplies (see note below)
- Pre-made, 4 inch half square triangles, 4 minimum for the technique, 24 to complete the quilt. It is extremely important that the two materials in the half square triangles have high contrast. Think black and white. You can choose any colors, but you need a light and a dark. Otherwise you will not have as nice of a visual effect.
- Now the fun part. Cut strips from 1" to 2" wide and all sizes in between. You can use any colors, pattern and lengths of strips. Literally use up your bin of odd pieces. You will be sharing your strips to increase the randomness of the blocks.
- $\circ$  12  $\frac{1}{2}$  inch square ruler if you have one.

<u>Note</u>: Sewing machine & basic supplies = Machine, manual and tools, extra needles, thread, bobbins, pins, scissors, seam ripper, rotary cutter, small cutting board (12x18), rulers, ironing mat and extension cords.

#### 2017 Strip Club Exchange!

This is a way to collect lots of fabric strips to use in all those great jelly roll patterns we see in books and on-line.

#### Rules

- Following the monthly theme, bring 3-6 strips that are 2 ½ wide by width of fabric.
- Put your name on each strip. (Writing it on selvage might be easiest.)
- One strip will be pulled from the box and the winner receives all!
- If you do not wish to participate any month, just don't bring any strips.
- You do not have to be present to win.
   Simply send your strips with someone else to place in the box for you.
- The Strip Club Exchange will take place at both evening and day meetings.

#### Themes for 2017

**January-** "Love is in the Air" Pink or red prints or solids

**February** - "Let's Go Irish Green prints or solids **March** - "Lose Those Winter Blues" Blue prints or solids

**April** - "A Personal Favorite" Any color batiks **May** - "Here Comes the Sun" Orange or yellow prints or solids

July - "Christmas in July" Patriotic

Christmas

August - "Back to School" Kids

**September -** "Ghost Busters" Halloween and/or Fall

October - "Anything Goes" Anything
November - "Black and White" Black and white
prints

**December - "**Jack Frost" Any color flannels



Our lives are like quilts bits and pieces, joy and sorrow, stitched with love.



"A Gathering of The Guilds"

**Feb 25, 2017** 9am – 3pm

#### \$6 + charitable donation

(Personal care items, toilet paper, paper towels etc. Cash donations will also be accepted.)

#### **2017 Theme**

Memory/History Quilts

## For information and Entry Forms:

www.QuiltersDayOut.com

#### **Location: Paroquet Springs Conference Centre**

395 Paroquet Springs Dr. Shepherdsville KY 40150

Be sure to bring or invite an associate, a friend, or a family member. See you there!

#### **LNT's QDO Show Day Challenge**

#### **LNT Night Meeting March 2017**

\$100 viewer's choice \$50 winner drawn

Bring the quilt you entered in the QDO challenge and the badge you were given to wear at QDO to identify you as a challenge participant to the Night Meeting in March.

You will be entered into the LNT QDO challenge and drawing. Prizes are being provided by an anonymous member. Good luck!

#### **LNT's QDO Boutique Donations**

Please bring your items to the day or night meeting, fat quarters, cut fabrics, yardage, quilting or sewing items, magazines, books, etc. There will be opportunities at January and February meetings to sign up to work at the Boutique or the LNT Guild Booth. Thank you for always making our boutique a success.

## Cuddle Care Workshops

Our quilting group loves to bless the community with the joy only a quilt can bring. Join us as we stitch love covers for the patients of Kosair Children's Hospital and other charitable causes. We also make tote bags for the girls at Maryhurst. No sewing experience necessary, just come ready to help and bring a machine if you have one!

LNT has a large stash of assorted 100% cotton fabrics that we can assemble as "kits" for members to use through the year. Cutting and planning not your thing? Bring a cuddle care project that you already have in the works and sew away! Soft drinks will be available, so bring your brown bag lunch.

#### Great links harvested from the wonderful WWW:

https://thequiltshow.com/see-quilts/puzzles-games

Hundreds of beautiful quilts turned into puzzle pieces, great winter activity. You choose skill level. *Warning: may be addictive.* 

http://quiltersdiary.com/quilt-label-sayings-and-quotes-

<u>for-all-occasions/</u> Extensive collection of sayings and quotes for

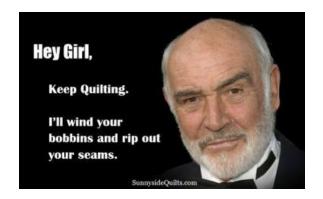
various occasions for use on quilt label.

http://craftweekly.com/free-quilt-patterns/

37 free quilt patterns

https://www.youtube.com/watch?v=O\_rc1q658Pg

And just for fun (and a little workout), the Quilter's Shuffle!



#### **Louisville Nimble Thimbles 2017 Officer Roster**

President: Luann Johnson

Vice President, Programs: Debbie Bates, Betty McMahon, Barbara Rogers

Vice President, Membership: Sarah Lee Recording Secretary: Linda Slye

Corresponding Secretary: Joyce Boston

Treasurer: Polly Wagner
Hospitality: Deanna Schley
Cuddle Care: Yvonne Meredith
Newsletter: Terrie Catron
Website: Susan Hatton