



Nimble News

Fourth Quarter 2016 Newsletter

Meeting twice monthly at the
 Jeffersontown Community
 Center, 10617 Taylorsville Rd.
 First Thursday at 6:30 PM,
 Third Thursday at 10 AM



A MESSAGE FROM OUR PRESIDENT

TOO OLD?

Are we too old to sew?

Are we too weak to lift the machine?

Or too forgetful or too tired to know where the blocks go?

Or, are we old ENOUGH?

When someone says, 'come and see'

Do we say 'Been there, done that block'?

When adventure beckons do we say 'that's too much work'?

Or do we say, *LET'S GO!*

"Old" is not a date on a calendar, it is a frame of mind. When we can't get excited about life, when we can't see the fun, when we can't participate because it might require some dedication or effort, when we say, 'let someone else do it' we are 'old'.

The years don't count; you may be 20 or 90 and still be 'old'. But, you can be 20 or 90 and still be 'young'. If you don't serve as an officer or make a Cuddle Care quilt; if you choose to sit back and be entertained; if you are too tired or, maybe too lazy to do your share to make LNT the best guild ever, then maybe, you are too old.

Thank you everyone for a wonderful and productive year as your president. *You are YOUNG.*

Marilou

Special Events

Retreat!

Date & Time: Saturday, Oct. 8
 10am to 5pm

Location:
 Shelby Count Extension Office
 1117 Frankfort Road
 Shelbyville, KY

Cost: \$15/person



Menu choices are due *no later than the October 6 evening meeting.*

Bring your project and let's enjoy a day of sewing with our friends! (CuddleCare quilt and Maryhurst tote kits will also be available)

Official Presentation of our Quilt of Valor,



entitled "Patriotic Rail Fence", will take place on **Thursday, Oct. 27, at 7pm at the AMVETS Post #9, 1567 S. Shelby St., Louisville, KY.** Please come out and show your appreciation of this local veteran.

Girl Scout Event

The Girl Scouts will have an arts and crafts day throughout the city on **Saturday, November 12** and the LNT team will be one of the stops.

We will teach the girls, aged 9-10, how to make YoYos and turn them into flower pins. Last year, the same project was a huge hit and most of the girls got their pins finished in the hour allotted. We are expecting some 60 girls in three sessions to participate.

Help is needed to cut circles of cloth, make project kits and see that all the supplies needed are available. If some of you could come to the **community center about 3:00 on Thursday November 3**, we could get everything ready before regular guild meeting. I know the intrepid Nimble Thimbles will make this happen. Y'all are the best.

*Those who sleep under a quilt,
 sleep under a blanket of love.*

Upcoming Programs and Events

EVENING PROGRAMS

October 6 – 10-minute Cathedral Window... well let's say 15 minutes



Using just a few seams and a few minutes you can make a great quilt block that looks far more complicated than it is. Come learn a new technique and incorporate it into a future project. You'll have a complete block made in just a few minutes. Want to make more blocks? Bring more squares!

Supplies:

- (20) 5-inch squares
- sewing machine and basic supplies

(If you want a scrappy look make them all different. If you want a center pattern, make sure 4 of those blocks are the same, and 16 are coordinating or identical fabrics.)

November 3 – Secret Santa Gift Card Case



Use up your scraps from projects made during the year to create a cute case for your holiday season gift cards. Why give just a gift card in a paper envelope? With just a few fabrics, ribbon, and a single button, the gift becomes much more than just a card. This is an easy sewing project that is great for that last minute gift. A wonderful selection of buttons and ribbon will be provided as well as a kit with pattern and other necessary supplies. Just bring fabric. So, check that list twice and join us to make some unique gift card cases.

Supplies:

- fabric scraps (minimum size 4"x22"). A fat quarter "leftover" is perfect.
- sewing machine & basic supplies

December 1 – Annual Christmas Party

Location: Jeffersontown Community Center **Time:** 6:30pm



Bring a side dish or a dessert. Meat and drinks will be provided by the guild. There will also be some fabulous door prizes! Make time to share some holiday cheer with your fellow quilters.

Note: Sewing machine & basic supplies = Machine, manual and tools, extra needles, thread, bobbins, pins, scissors, seam ripper, rotary cutter, small cutting board (12x18), rulers, ironing mat and extension cords.

FAT QUARTER DRAWING

October - orange/black/Halloween prints

November - fall colors

December - Christmas prints or red/green

FOURTH QUARTER BIRTHDAYS

October: Bill Brigs, Shirley Cole, Susan Hatton, Marilou Jacob

November: Kat Baker, Dottie Brentlinger, Frieda Fentress, Sarah Lynch, Pat Metzger, Ann Roggenkamp

December: Yvonne Meredith, Jan Metry, Sandy Shawhan

HAPPY BIRTHDAY
LOVELY LADIES AND
GENTLEMAN!

A special part of the annual Christmas party is the announcement of the recipient of the Golden Thimble Award. The awardee is chosen by the outgoing president in recognition of outstanding contributions to the guild during that year. The following members have been the recipients to date.

Golden Thimble recipients:

2008 – Angela Huffman

2009 – Aileen Reynolds

2010 -- Bettye Smith

2011 – Jo Price

2012 – Susan Wolfe

2013 – Jan Metry

2014 - Sandy Shawhan

2015 – Betty McMahan and Yvonne Merideth



*My soul is fed by
needle and thread.*

DAY PROGRAMS

Oct. 20 – 10 am to 3 pm

Gator Quilt



Bold black and white stripes and a colorful appliquéd green gator will help brighten the day for a sick Kosair kid. Inspired by the Alligator Madras Nursery collection by Pottery Barn Kids.

Supplies:

- 1 yard black fabric
- 1 yard white fabric
- 1 1/4 yard green fabric for alligator appliqué and binding
- 1 5/8 yard of fabric for backing
- Supplies for appliqué (depending to how you wish to appliqué, e.g. Fusible web, etc.)
- Basic sewing supplies

Cutting instructions:

- 4 strips of white, cut 6 1/2" x full width of fabric
- 5 strips of black, cut 6 1/2" x full width of fabric
- The appliqué can be done any way you wish, just bring the supplies you need to do so (thread, needle, your favorite fusible web etc.)

*quilt will be 42x54 inch

November 17 – 10 am to 2 pm

To Be Announced

December 15 – 10 am to 2 pm

NO DAY MEETING

Note: Sewing machine & basic supplies = Machine, manual and tools, extra needles, thread, bobbins, pins, scissors, seam ripper, rotary cutter, small cutting board (12x18), rulers, ironing mat and extension cords.

Quilting is a gift you give yourself.



Cuddle Care Workshops

Our quilting group loves to bless the community with the joy only a quilt can bring. Join us as we stitch love covers for the patients of *Kosair Children's Hospital* and other charitable causes. We also make tote bags for the girls at *Maryhurst*. No sewing experience necessary, just come ready to help and bring a machine if you have one!

LNT has a large stash of assorted 100% cotton fabrics that we can assemble as "kits" for members to use throughout the year. Cutting and planning not your thing? Bring a cuddle care project that you already have in the works and sew away! Soft drinks will be available, so bring your brown bag lunch.



IT IS NOT TOO EARLY to start your quilt for the **2017 Quilter's Day Out quilt challenge**. The theme is memory/history quilts with 3 categories:

1. picture/t shirt
2. old quilts (quilts made from old blocks/old UFOs, et cetera)
3. traditional designs using older fabrics

All LNT members are encouraged to participate. First place prize is cash. All participants will receive a ribbon upon their entry. This ribbon is to wear during the event as evidence of your participation.

LNT will have a drawing for all LNT participants at the night meeting in March for a cash prize. You will need to save your ribbon as proof of your entry. Another cash prize will be awarded by drawing of the wrist bands of all LNT members attending the event. So save your wrist band and participation ribbon and bring it to the first night meeting in March.

If you are unable to attend the first night meeting, you may send in your ribbon or wrist band with another member.

Quilt challenge participation \$100 prize
QDO event participation \$50 prize

Remember to save your participation ribbon and wrist band and bring them to our first meeting in March to be able to participate in the drawings.

It is my pleasure to present the *Slate of Officers* for the **2017 Membership year**. You will note there are a couple of positions which still need to be filled. In attempts to fill the slate we have made a few changes to the responsibilities of the Officers and Committee Chairs. Those changes are explained below.

President – Luann Johnson

President Elect – _____

Program Committee – Barb Rogers, Bettye McMahon and Debbie Bates

Vice President of Membership – Sarah Lee

Recording Secretary – Linda Slye

Corresponding Secretary – Joyce Boston

Treasurer – Polly Wagner

In addition, the following members have been recommended to Chair our *Standing Committees*.

Cuddle Care – Yvonne Merideth

Maryhurst – Terri Catron

Hospitality** – _____

Newsletter – Terrie Catron

Webmaster – Susan Hatton

*The Program responsibilities have been turned into a committee. The three representatives will work jointly to provide both day and evening programs (with the exception of CuddleCare /Maryhurst Workshops and Holiday parties).

**Hospitality duties provide services for our Birthday and Christmas parties, the February KQHS Trunk Show and any special guest receptions or appearances only.

*Buttons and patches and the cold wind blowing,
the days pass quickly when I am sewing.*



Great links harvested from the World Wide Web:

- http://www.allpeoplequilt.com/sites/allpeoplequilt.com/files/uploads/retreat_packing_list.pdf
- https://drive.google.com/file/d/0B_NnmpTjM1uxcHgxU11pamR6UW8/edit

Links for two different printable checklists for quilt retreats

<http://www.aquiltinglife.com/2016/02/tips-for-quilt-retreats.html>
Additional tips for attending a quilt retreat

<http://www.fonsandporter.com/free-quilting-ebooks>

Free quilting e-books: a nice collection of free downloadable quilt patterns

<http://www.generations-quilt-patterns.com/paper-piecing-instructions.html>
paper piecing lessons

Tips & Tricks

When traveling with your rotary cutter to class or retreat, store your rotary cutter in a simple eyeglass case or pouch to keep it safe from nicks and keep you safe from cuts.

To clean your cutting mat, use a nylon kitchen scrubby (the kind you would use to clean non-stick pans) to scrub away all those fibers that stick into the self-healing mats.

Many modern machines have a knee lift bar in order to raise the presser foot without taking your hands off your work. While quite handy, the hard steel bar can be uncomfortable to use. A pool noodle from the dollar store, cut to size and slipped over the bar, makes the bar much more comfortable to use.

Several years ago drop down cribs were banned due to safety reasons. Rather than putting the crib in the trash, Susan Hatton's husband re-engineered theirs into a sewing table with one shelf made from the side rail. The remaining rail will be used to hang material.



Quilting is sharing yourself with others.



Overheard at Guild:

Member: "Wow that took a lot of work to pull off that event!"

Event Coordinator: "Yeah, good thing I didn't know that ahead of time, huh!"

Louisville Nimble Thimbles 2016 Officer Roster

President: Marilou Jacobs

Vice President, Evening Programs: Susan Hoferkamp, Susan Wolfe

Vice President, Day Programs: Jean Weller

Vice President, Membership: Sarah Lee

Secretary: Linda Slye

Treasurer: Vivian Armstrong

Hospitality: Deanna Schley

Cuddle Care: Yvonne Meredith

Newsletter: Terrie Catron

Website: Susan Hatton