



# Nimble News

Third Quarter 2016 Newsletter

Meeting twice monthly at the  
Jeffersontown Community  
Center, 10617 Taylorsville Rd.  
First Thursday at 6:30 PM,  
Third Thursday at 10 AM



## A MESSAGE FROM OUR PRESIDENT

Hi All,

One of the things I love about Louisville is the changing seasons. Each one has its own charm, fun, and challenges. The hot weather lately tells us it is definitely summer. I am a 'shade' girl so when it gets hot, I retreat to the air conditioning - where my quilting studio is. Now is the time to stay inside and quilt.

Nimble Thimbles has been piecing like crazy, apparently, because there are over 30 tops to be quilted at Quilted Joy on July 21. Again, Angela has opened the studio for us to do all those quilts on the long arms. Thank you, Angela!!

The Kentucky State Fair is coming and you are needed to sit 'n' sew on August 23 any time from 10-4 for 1 or 2 hours. Sign up, please.

Don't neglect your own quilting. When you have made something, for any reason, please bring it to a meeting and Show 'n' Tell. We love to see what you are doing.

Have a very Happy Summer and we'll see you soon.

Marilou

## Un-birthday celebration

Don't be late! Don't be late!  
For a very important date!



*On the 4<sup>th</sup> of August*

*For the Queen of our heart  
A very merry un-birthday  
Six-thirty is when it starts.*

*I will be wearing a hat,  
You can wear yours too.  
We request your presence,  
It wouldn't be the same without you!*

*It's a Mad Hatter Tea Party,  
Please remember the time!  
You're a special lady,  
So let's drink some tea and dine!*

*Don't be late for this very important date!*

**Follow the white rabbit to:**

**Jeffersontown Community Center**  
This will be a **potluck** dinner.  
LNT will provide the meat and drinks.  
**Please bring your favorite dish.**  
You may also want to **bring a tea cup.**  
**Please wear a fun and whimsical hat.**

*To Quilt or Not to Quilt, DUH!*

## Upcoming Programs and Events

### **EVENING PROGRAMS 6:30pm – until our bobbin thread runs out**

#### **July 7 – Hand Pain Issues – A Quilter’s Nightmare**

LNT Alum Barbara Harmon-Cowherd, a Board Certified Hand Therapist with KORT Downtown, wishes to share her knowledge and experience with fellow quilters. She will help us protect our hands and extend our years of quilting. Come join us and pick up some tips.

-----  
**August 4 – LNT BIRTHDAY PARTY!!!** Bring a dish and enjoy the company of your fellow Nimble Thimbles as we celebrate our guild’s 37th birthday with a Mad Hatter Tea Party!

#### **September 1 – Easy Zipper Bag – Don’t fear the zipper!**



Need a quick and easy gift? Learn to make a Lined Zipper Bag that will fit the bill. This technique does not require a zipper foot or special attachments. And yes, you will leave with a finished zipper bag *if you pre-cut your fabric* as described below.

#### **Supplies:**

**One fat quarter of fabric** - Cut pieces as follows:

- 1 square 4” x 8”
- 1 square 8” x 8”
- 2 squares 6” x 8”

**One 11”-12” nylon zipper** in a matching; coordinating; or contrasting color

**One square of batting 6”x 8”**

**Basic sewing supplies** (see note below)

### Tips & Tricks

When pressing tricky areas that are difficult to press without burning my fingers, I purchased a silicone spatula to hold down the area while pressing.



The spatula I bought is a one-piece, solid silicone, making the useable ends firmer, therefore more useful, than the wood handled spatulas I found. - Terrie Catron (as seen on Fons & Porter)

-----  
 When cutting quilt pieces, I save a small strip of selvage with the printed names of the fabric collection and fabric company. Then, if I happen to run short, I have the information I need to find more fabric. – Sherry Meeks Guthrie, OK, Fons & Porter website

#### **Point Protectors**

I bought a pack of foam doorknob hangers at a hobby store, and cut them into pieces about ½” square. I use them with flat-head pins when I machine quilt. I like these better than safety pins for basting because they lie flat and are easier to use. -Shirley Whited, Baxter, TN Fons & Porter

#### **Needle Disposal**

I keep an empty plastic vitamin bottle with the little flip-top on the lid close to my sewing area in order to safely dispose of sewing needles. -Terrie Catron

-----  
 Every now and then we will have a member lose a tool at a meeting. It is a good idea to mark your tools that you bring to guild meetings with your name. That way, if something is misplaced, we can get it back to where it belongs!

Remember, people will see your quilts long after you are gone, not your housework!!

**Note:** Sewing machine & basic supplies = Machine, manual and tools, extra needles, thread, bobbins, pins, scissors, seam ripper, rotary cutter, small cutting board (12x18), rulers, ironing mat and extension cords.



## DAY PROGRAMS

**July 21 – 10am to 3pm**

**Cuddle-Care-A-Thon at Quilted Joy:** Joy! Oh, Joy! Come for a day of fun, fellowship and QUILTING. We will meet at Quilted Joy, the local APQS shop owned by LNT member, Angela Huffman who has a contagious quilting habit. We will receive a “quick lesson” on how to use the long arm machines and then quilt away on about 45 Cuddle Care tops. Bring a sack lunch if you wish. Quilted Joy is located at 10302 Bluegrass Parkway, Louisville, KY 40299. We also need volunteers to help load the quilts onto the machines on Wednesday, July 20.

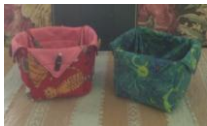
**August 18 – 10am to 2pm**

**Tessellating Star Block-**Ann Roggenkamp will teach us how to assemble the Tessellating Star block.



**September 15 – 10am to 2pm**

**Simple fabric baskets** made of "eye candy" fabric are great to hold anything that needs a home and it's addictive-you can't just make one!



### Supply List:

- (2) 10" squares of fabric
- 10 " square of batting
- 4 decorative buttons
- walking foot (if you have one)
- thread to sew and quilt the item
- needle and thread to sew on buttons
- fabric marking pen or chalk
- 12" ruler for marking
- sewing machine and basic sewing supplies (see note below)

## Cuddle Care Workshops

Our quilting group loves to bless the community with the joy only a quilt can bring. Join us as we stitch love covers for the patients of Kosair Children's Hospital and other charitable causes. We also make tote bags for the girls at Maryhurst. No sewing experience necessary, just come ready to help and bring a machine if you have one!

LNT has a large stash of assorted 100% cotton fabrics that we can assemble as “kits” for members to use through the year. Cutting and planning not your thing? Bring a cuddle care project that you already have in the works and sew away! Soft drinks will be available, so bring your brown bag lunch.

### SPECIAL REQUEST:

**Join us for LNT DAY AT THE FAIR!!!**

**Tuesday, August 23, 10am to 4pm.** We will be knocking out some *tote bags for Maryhurst!* Our goal is to donate 50 bags at the end of the year. Tote bags will be cut out and ready to put together, assembly-line fashion. Everything you need will be furnished, including four vintage sewing machines. Of course, if you prefer to bring your own, you are welcome. Most exciting of all, volunteers will be furnished a ticket for **free admission and free parking to the fair on that day!** Please, sign up at guild meetings for a couple of hours of your time and let's see how many tote bags we can put together for these girls as well as promote our wonderful guild! Any questions email or call Terrie Catron, LNT Day at the Fair Chair.

### Great links harvested from the wonderful WWW:

<http://quiltbug.com/articles/binding-basics.htm>

*This article contains several links within for tutorials on making continuous binding, attaching binding, video tutorial on binding, etc.*

<http://phoebemoon.com/tutorials/Prairie-Pointers.htm>

*Here is a fantastic article explaining Prairie Points, including 3 different methods for making them as well as making a continuous line of Prairie Points. At the bottom of the page are several wonderful examples with tutorials on using them in the quilt.*

<http://www.quilterscache.com/QuiltBlocksGalore.html>

*And lastly, here is a delightful catalogue of free quilt blocks along with tutorials. You may search alphabetically by pattern name, by pattern size, or by quilt block image.*

**Note:** Sewing machine & basic supplies = Machine, manual and tools, extra needles, thread, bobbins, pins, scissors, seam ripper, rotary cutter, small cutting board (12x18), rulers, ironing mat and extension cords.

A quilt is a treasure which follows its owner everywhere.

### Note from the Newsletter Chair



Hello Ladies and Gentleman! I have enjoyed putting together the newsletter for my fellow Nimble Thimbles for three quarters now. I have included three new columns in our newsletter since the beginning of my stint as newsletter chair. If you would like to submit to any of these columns, please do. You may send your submission via email to the address posted under my name in our membership list.

**Tips & Tricks:** tips that might make the quilting process a little smoother,

**Great Links:** tutorials, patterns, YouTube videos, etc., and

**Overheard at Guild:** funny quilting/guild related remarks that you may have overheard and would like to share to give us a chuckle.

Happy Quilting!  
Terrie Catron  
Newsletter Chair

### Overheard at Guild:

*“Well, we’re making progress, nobody used green thread on the Quilt of Valor.”*



### FAT QUARTER DRAWING

**July** - Independence Day (red/ white/blue)

**August** - LNT Birthday (multi-color prints)

**September** - School Days (children’s prints)



Quilting with friends will keep you in stitches!

### THIRD QUARTER BIRTHDAYS

**July:** Sandra Broell, Nan Lambert, Barbara Rogers, Linda Slye

**August:** Angela Bishop, Luann Johnson, Polly Wagner

**September:** Carol Goosens, Angela Huffman, Jo Morgan, Bettye Smith

**HAPPY BIRTHDAY LOVELY LADIES!**



### Louisville Nimble Thimbles 2016 Officer Roster

**President:** Marilou Jacobs

**Vice President, Evening Programs:** Susan Hoferkamp, Susan Wolfe

**Vice President, Day Programs:** Jean Weller

**Vice President, Membership:** Sarah Lee

**Secretary:** Linda Slye

**Treasurer:** Vivian Armstrong

**Hospitality:** Deanna Schley

**Cuddle Care:** Yvonne Meredith

**Newsletter:** Terrie Catron

**Website:** Susan Hatton